

# TOOLKIT 1: FAMILY INFORMATION SHEET

Having The Talk At Home

## At school we have been talking about:

- 1 Organs and the amazing things they do
- 2 Organ donation and the positive, life-saving impact it can have.

Find out what we have been learning at [learn.organtissuedonation.ca](http://learn.organtissuedonation.ca) or [orgamites.ca](http://orgamites.ca)

## WHY HAVE THE TALK AT HOME?

The truth is there are rarely enough organs available for those in need, and part of the reason for this is that not enough people are talking to their loved ones about organ donation.

Canadian Blood Services and the Orgamites want to help families talk about how amazing organ donation can be so that:

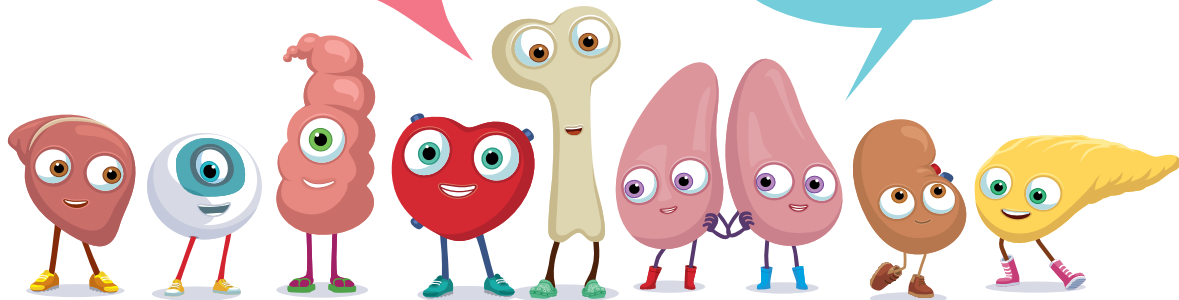
- more people will choose to be donors – life-saving superheroes
- more families will understand and honour each other's wishes
- the next generation will understand the power of organ donation and it will become normal.

## Meet The Orgamites

They are on a mission to get more people talking about organ donation

ASK YOUR CHILD WHAT THEY HAVE BEEN LEARNING ABOUT ORGAN DONATION AND SHARE YOUR THOUGHTS WITH THE WHOLE FAMILY.

A SIMPLE TALK NOW CAN SAVE LIVES LATER



OUR PARTNERS



ONASSIS  
FOUNDATION



Canadian  
Blood  
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BLOOD  
PLASMA  
STEM CELLS  
ORGANS  
& TISSUES



Giving  
to help  
others

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Blood and Transplant

ORGAN  
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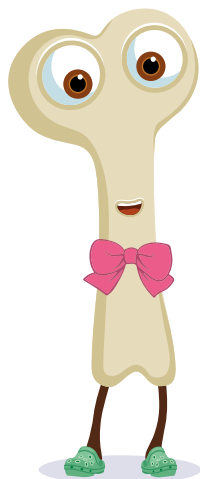
## TIPS TO HELP HAVE THE TALK

Here are some tips to help you talk with your family about what you would like to happen to your organs.

- Include your whole family in the talk.
- Don't rush straight in to it, with anyone of any age.
- Don't force a member of the family to listen or talk about it.
- Look online together to find out the answers to any questions you have ([blood.ca/organs-tissues](http://blood.ca/organs-tissues))
- When you start the talk, be confident and positive – the other person will react to your emotions.
- Remember that organ donation can save or transform lives.

### Some amazing facts to help get the conversation started:

- Around 4,000 people in the Canada are waiting for an organ transplant
- Around 9 in 10 people in the Canada support organ donation, but...
- Just over 1/3 of adults have shared their choice with their family
- Families are more likely to agree to donation if they know their loved one wanted to be an organ donor



DID YOU KNOW?  
1 ORGAN DONOR CAN  
SAVE UP TO 8 LIVES