

ORGAMITES®

IT'S WHAT'S INSIDE THAT COUNTS

DISCOVER MORE AT ORGAMITES.CA

TOOLKIT 1

MEET YOUR MIGHTY ORGANS

ADDITIONAL TEACHER RESOURCES



OUR PARTNERS



ONASSIS
FOUNDATION



Canadian
Blood
Services

BLOOD
PLASMA
STEM CELLS
ORGANS
& TISSUES



Giving
to help
others

SUPPORTED BY



Blood and Transplant

ORGAN
DONATION
SCOTLAND



CONTENTS

Classroom Activity #1 - Case Studies	1
Classroom Activity #2 - Matching Cards	2 / 3
Classroom Activity #3 - The Word Game	4
Classroom Activity #4 - Orgamites Colouring-in Sheet	5
Take Home Activity #1 - A Family Challenge	6
Take Home Activity #2 - Can You Name The Mighty Organs?	7
Take Home Activity #3 - Family Tree	8
Take Home Activity #4 - Green Shirt Day Colouring-In Sheet	9
Mighty Pledge Certificate	10

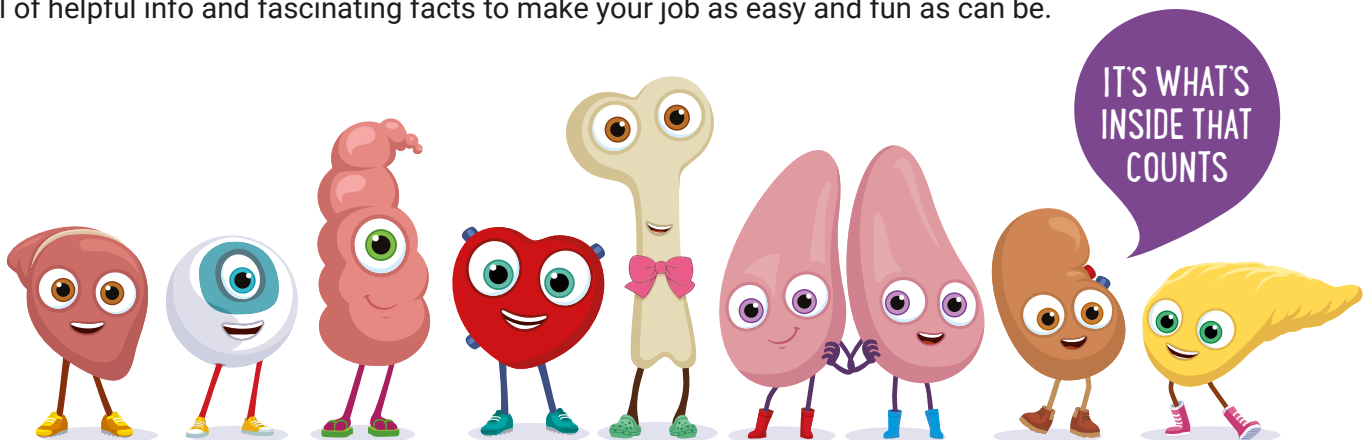
Additional resources not included here:

Family Resource Take-Home Booklet/PDF: Created to get families talking more about what really matters, please send this important booklet to all parents and guardians on the same day you introduce the Orgamites to your class (you can print it or email it to them).

Meet Your Mighty Organs Object Lessons: To help kids really appreciate their mighty organs (and remember why and how they work for the rest of time) we've created a series of memorable and fun interactive object lessons (one per mighty organ).

Lesson Presentations: Two versions await you, ready to be rolled out in class!

Lesson Presentation Notes: Your very own cheat sheet to accompany the lesson/s. Full of helpful info and fascinating facts to make your job as easy and fun as can be.



CLASSROOM ACTIVITY #1

Case Studies

The recommended approach would be to share the story of the particular person profiled, then ask students the following questions:

Which organ does this person need?

How might a donated organ improve their life?

How do you think the family of the person who donated the organ might feel?

Case Study 1

Addison (British Columbia)

Three weeks after Addison was born, her heart began to fail. Her condition was so serious that doctors at BC Children's Hospital knew her only chance of survival was a heart transplant. She was placed on the cross-Canada heart transplant list. Three days later, a heart for Addison was found.



Case Study 2

Stephanie (Ontario)

Stephanie was only ten years old when she was diagnosed with chronic kidney failure and faced years of dialysis to keep her kidneys working. She was active in dance, swimming, horseback riding and skating, and a thriving student who loved hanging out with her friends.

Case Study 3

Liam (Newfoundland & Labrador)

When Liam was just 13 days old, his parents were told his lungs weren't working properly and that he needed a double lung transplant to survive. Doctors estimated he only had months left to live, and thought he'd only be able to survive until June 2016.



Case Study 4

Zaccari (New Brunswick)

Just before his first birthday, Zaccari went into complete kidney failure and had to start dialysis. Diagnosed with a rare kidney disease called congenital nephrotic syndrome, Zaccari remained on dialysis, until at age three he received a kidney from a kind donor who had just passed on.

CLASSROOM ACTIVITY #2



Matching Cards


Divide the class into small groups. Print out one set per group of students, then cut it up into cards. Give each group the cards and challenge them to match each organ to its description/function.

Page 1 of 2

A little quieter than the others, this organ makes two important enzymes to break down food and hormones to control blood sugar levels.



?


 **PANCREAS** 



Small, but long, this organ measures roughly 6m end to end! He is always thinking about food and absorbs the nutrients from what we eat and drink.



?

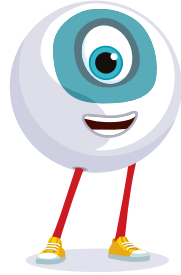
 **SMALL BOWEL**
(SMALL INTESTINE) 



This guy holds the team together. He makes blood cells, like red blood cells but he is not an organ.

?

 **EYE** 



Observant, this ball-shaped organ lets in light and sends messages to our brain, which allow us to see.

?

 **BONE**
(CAPTAIN MARROW) 





CLASSROOM ACTIVITY #2

Matching Cards


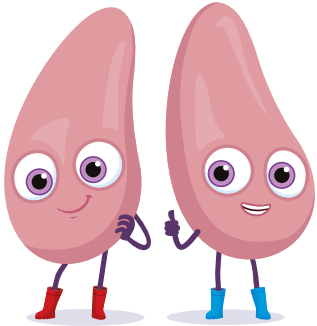
Divide the class into small groups. Print out one set per group of students, then cut it up into cards. Give each group the cards and challenge them to match each organ to its description/function.

Page 2 of 2



These organs always stick together. They transport oxygen from the air you breathe into your bloodstream and take away carbon dioxide when you breathe out.



LUNGS



Most people have two of these bean-shaped organs. They focus on cleaning and their most important job is filtering waste products from the blood.


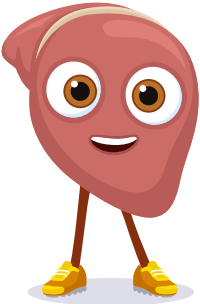
KIDNEY



This organ does everything with a steady rhythm. He acts as a powerful pump to move blood around the body.


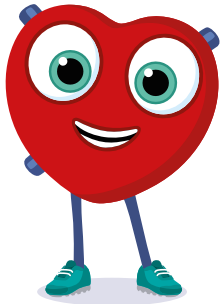
LIVER

Always busy, this organ has more than 500 different functions! Most importantly, she cleans the blood.

HEART

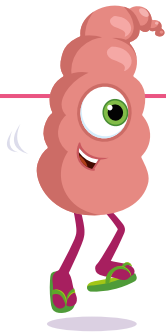



CLASSROOM ACTIVITY #3

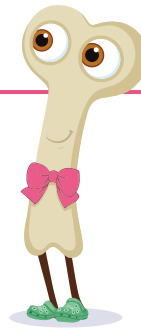
The Word Game

Can you choose an organ or body part to describe to your partner?

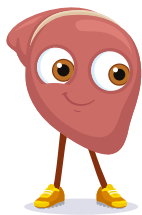
You must describe your chosen body part without using the name of the body part or the words on the card.
Choose your difficulty level: **Hard** | **Harder**



SMALL BOWEL
(SMALL INTESTINE)
Small intestine
Digestion
Food



CAPTAIN MARROW
(BONE MARROW)
Bones
Blood
Stem cells



LIVER
Multi-tasker
Cleans
Blood



EYE
See
Cornea
Vision



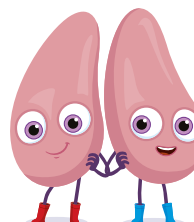
PANCREAS
Food
Enzymes
Pear-shaped



HEART
Blood
Pump
Beat

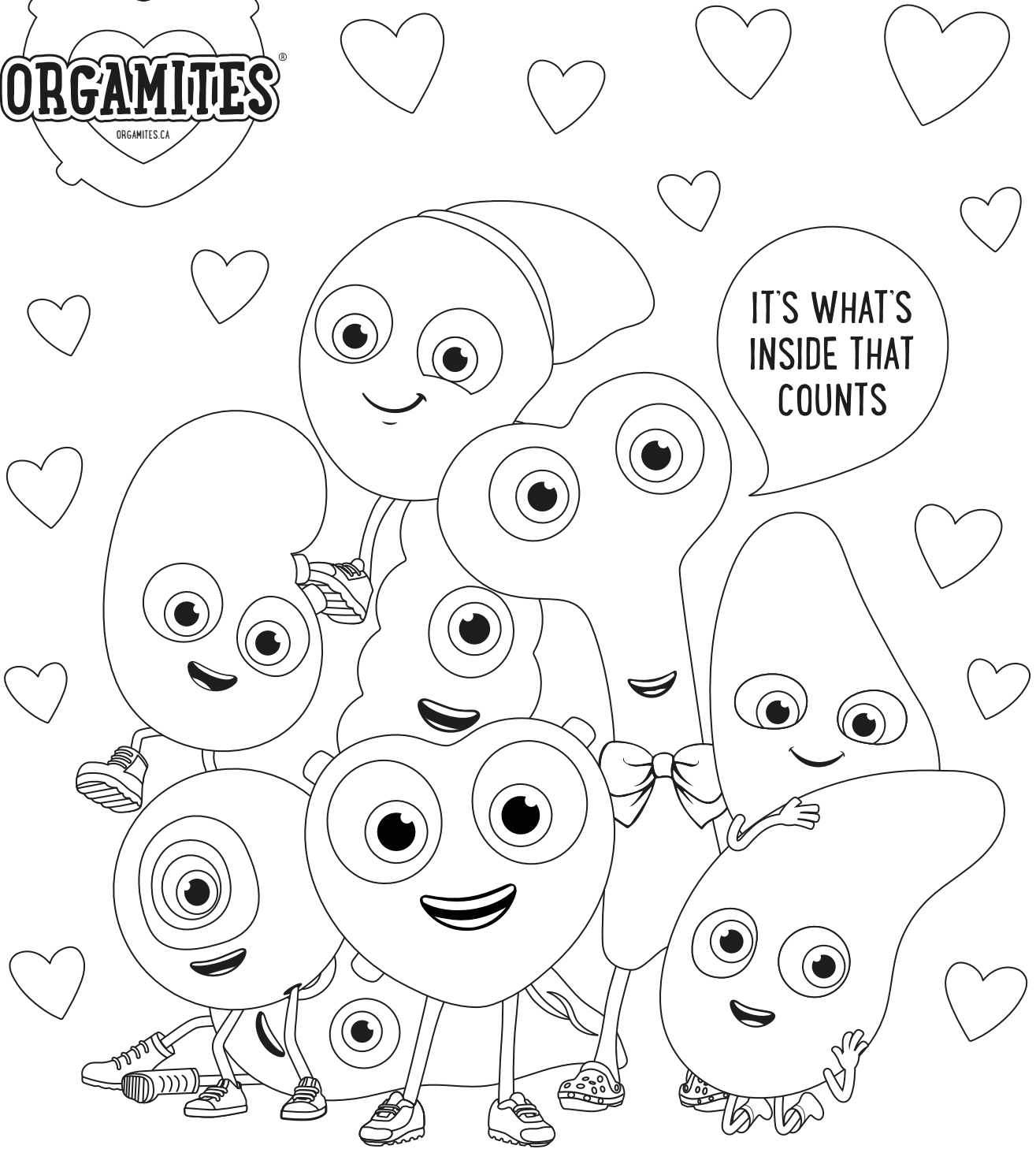


KIDNEY
Clean
Two
Bean-shaped



LUNGS
Breath
Chest
Oxygen





ARTIST: _____

AGE: _____

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& TISSUES

TAKE HOME ACTIVITY #1

A Family Challenge

CHALLENGE 1

1. Pick an organ or body part.
2. Can you describe the organ or body part to a family member using just three clues?

Clue sentence starters

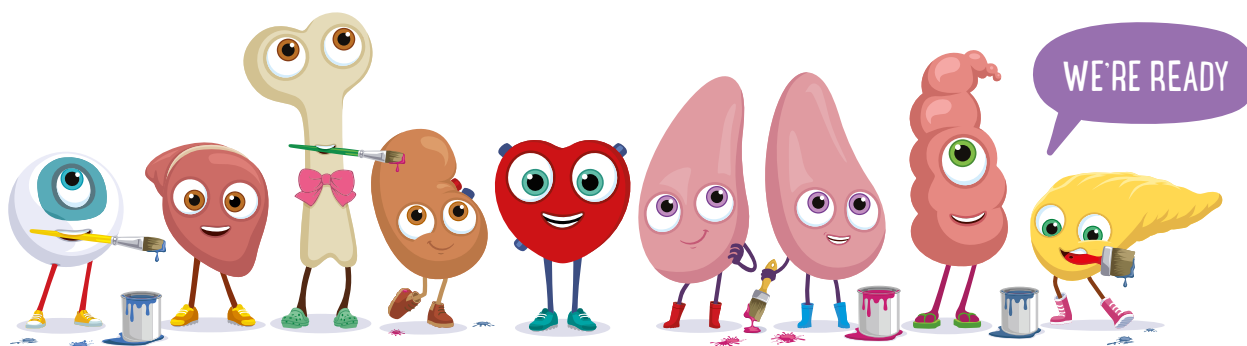
Use these sentence starters for your clues or create your own!

- I can be found...
- My function in the body is...
- Without me...

CHALLENGE 2

What else can you tell your family about what you have learned?

- Can you explain what an organ donor is?
- Can you list six organs that can be donated or given from one person to another?
- Challenge: Can you tell your family about the "Logan Boulet Effect"?



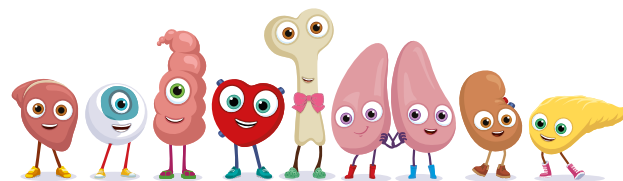
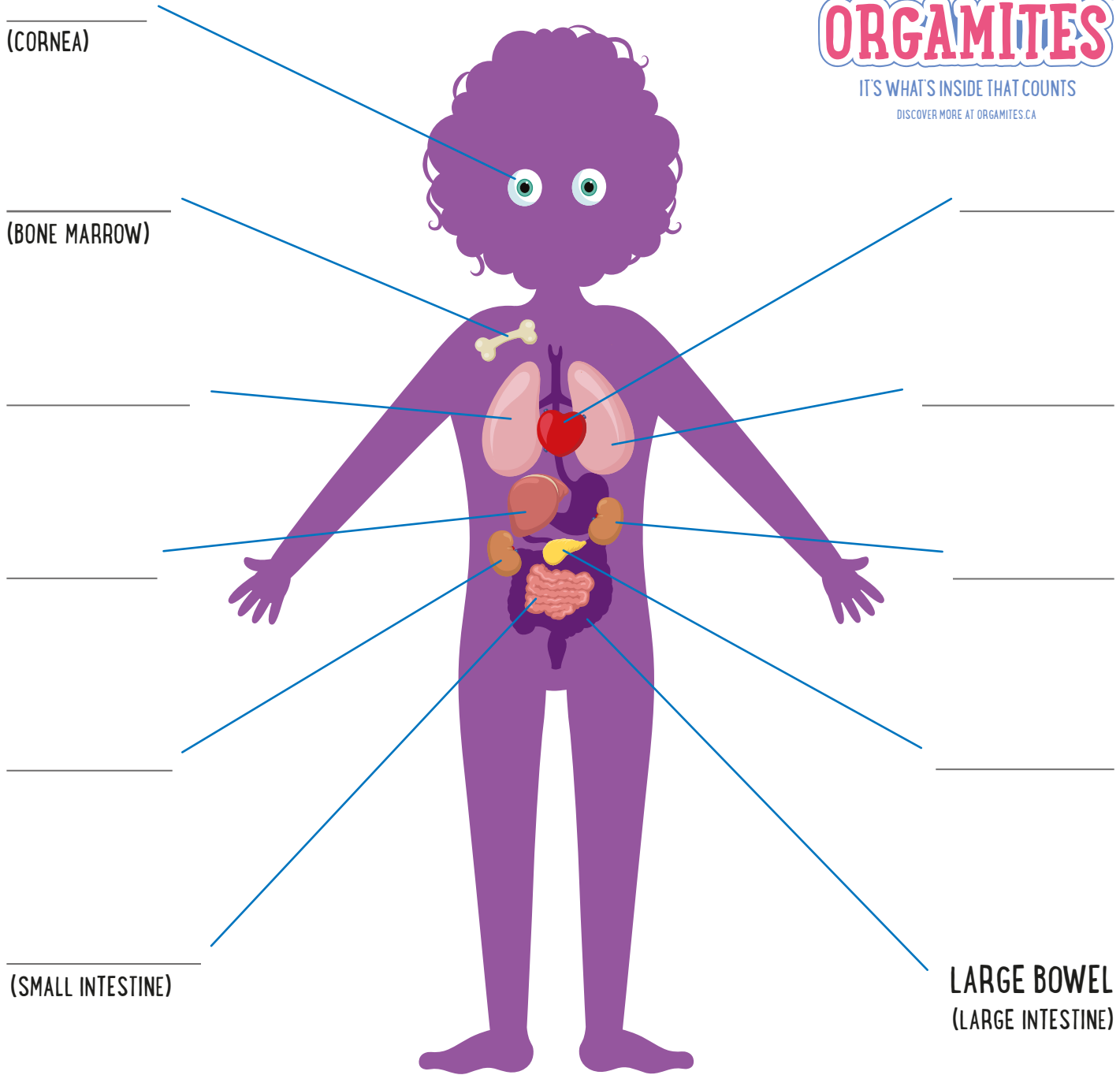
Possible answers

1. An organ donor is someone who gives, or donates, their organs. You can be a living donor (e.g. donating Captain Marrow (Bone marrow) or part of the Liver) or you can donate organs after death.
2. Any of the following: Liver, Kidneys, Lungs, Heart, Small Intestine (Small bowel), Pancreas, Eyes (Cornea). Captain Marrow (Bone marrow) can also be donated, but is not an organ!
3. Logan Boulet became an organ and tissue donor in April 2018 following the Humboldt Broncos bus crash. By sharing his decision to become an organ donor with his friends and family, Logan's gifts saved 6 lives. His story has also inspired hundreds of thousands of Canadians to register to become organ donors.



IT'S WHAT'S INSIDE THAT COUNTS

DISCOVER MORE AT ORGAMITES.CA



CAN YOU NAME YOUR MIGHTY ORGANS?

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& TISSUES

ORGAMITES®

FAMILY TREE

GROW YOUR OWN FAMILY TREE!

NAME _____
DATE OF BIRTH _____
HAVE YOU CHOSEN TO BE AN ORGAN DONOR? YES NO

NAME _____
DATE OF BIRTH _____
HAVE YOU CHOSEN TO BE AN ORGAN DONOR? YES NO

NAME _____
DATE OF BIRTH _____
HAVE YOU CHOSEN TO BE AN ORGAN DONOR? YES NO

NAME _____
DATE OF BIRTH _____
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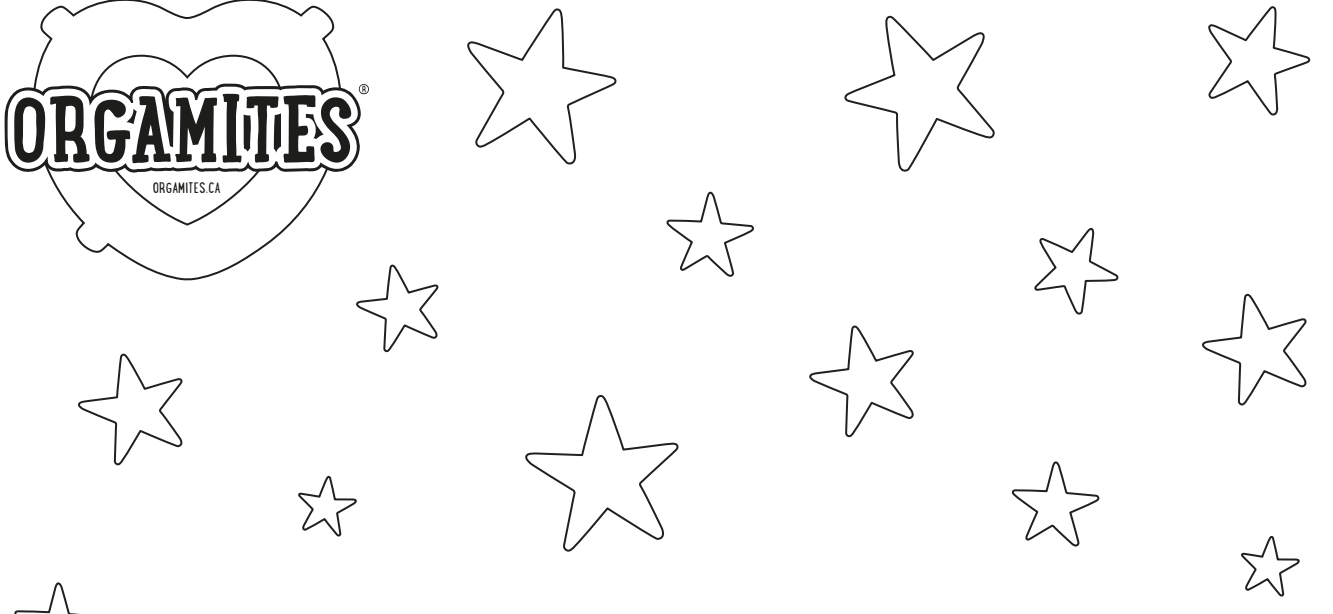
NAME _____
DATE OF BIRTH _____
HAVE YOU CHOSEN TO BE AN ORGAN DONOR? YES NO

NAME _____
DATE OF BIRTH _____
HAVE YOU CHOSEN TO BE AN ORGAN DONOR? YES NO

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NAME _____
DATE OF BIRTH _____
HAVE YOU CHOSEN TO BE AN ORGAN DONOR? YES NO



ARTIST: _____

AGE: _____

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MIGHTY PLEDGE

Our world is precious, and fragile too
 I commit to look after it and take the long view...
 I'll try to recycle and put litter in bins,
 I'll upcycle too and reuse my things.

Every person is special, whether old or young
 We all just want love so I honour each one.
 I'll treat all the people I meet with respect every day
 And be as kind as can be in my own unique way.

My body is mine and it's perfect for me
 So I'm thankful for it, I'm as proud as can be.
 I pledge to look after it and to be kind to each part
 From my head to my toes, from my kidneys to heart.

And if one day, these parts I don't need,
 You can pass them along as my final good deed.
 After all, it's not outside looks or clever tricks that truly astound,
 We're all beautiful and precious - it's what's inside that counts!


NAME OF PLEDGEE

BE MIGHTY PROUD



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CHILD AND PARENT
 PINKY PROMISE PRINTS 

WHAT NEXT?

For the rest of the lesson, teachers have access to a variety of 'Additional Teacher Resources' to enhance the learning experience and drive the message home: Case Studies, Classroom and Take Home Activities, Colouring-in Sheets and Classroom Posters and other teaching aids. Choose any or all of them, print them out or upload them onto your whiteboard.

Object Lessons

To help kids really appreciate their mighty organs (and remember why and how they work for the rest of time) we've created a series of fun and interactive object lessons (one for each of the mighty organs).

Family Resources

To get families talking more about what really matters, please send this important 'booklet' to all parents and guardians on the same day you introduce the Orgamites to your class (you can print it or email it to them).

Mighty Pledge Certificate and Classroom Poster

This is our mighty manifesto. It's a call to all to be kinder to yourselves, other people and the planet we all share. Consider making the Mighty Pledge together, and even displaying it somewhere in your classroom.

Have you discovered Toolkits 2 and 3?

Although self-standing, our toolkits sequentially build upon one another. **Toolkit 2: 'Let's Get Mighty Healthy'** offers the best information available on how to practically live a healthy life (at any age). **Toolkit 3: 'Let's Get Mighty Healthy'** seeks to show people how powerful their small, individual choices can be—inspiring them to change the world through kindness.

Got questions or would like to share your Orgamites art?

For any questions or to share your Orgamites art with us, please write to info@orgamites.ca

To download additional Orgamites educational tools and resources, please visit Orgamites.ca

YOUR INPUT MAKES A BIG IMPACT!

If you've introduced the Orgamites to your classroom, we'd love to know how it's going. Click on the link or scan the QR Code to provide us with much-needed feedback, and please encourage as many other teachers, students and parents to do so too. Don't forget to...



1. Have the conversation (talk about organ donation with your family)



2. Make the Mighty Pledge (with a pinky promise)

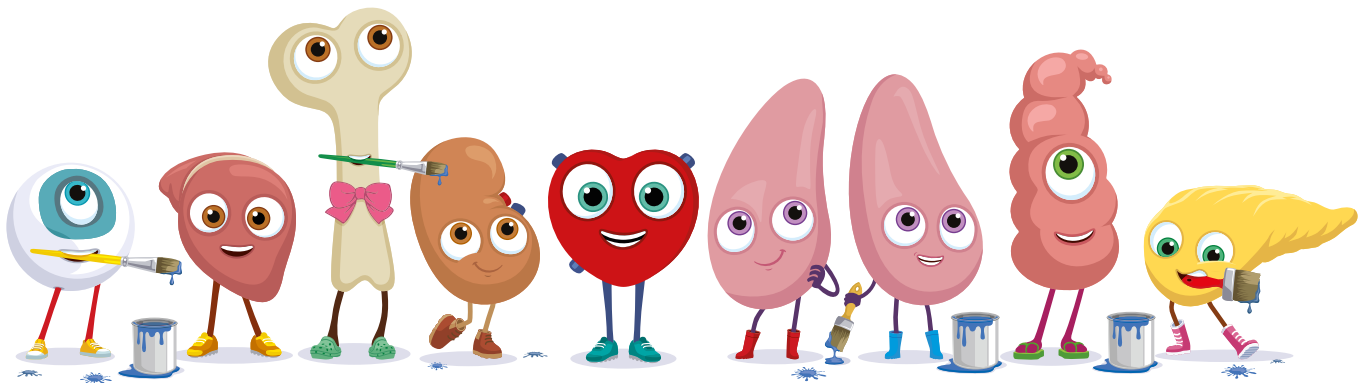


3. Be Mighty Proud (voice your choice wide and far)



[Click here to give your feedback!](#)

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